

Patience Young Grasshopper

What are your most joyful moments in life?

- 1.
- 2.
- 3.

How could you enjoy them even more?

- 1.
- 2.
- 3.

What can you let go of trying to figure out?

- 1.
- 2.
- 3.

Where is there beauty right in front of you and you are missing it?

- 1.
- 2.
- 3.

What are the top 3 areas of your life that you'd like to be more present?

- 1.
- 2.
- 3.

Ponder these and change your perspective.